Feelings and Emotions



1 **Identify the feelings and emotions.**
Write the correct word to each picture.

sad	happy	tired	excited
angry	proud	surprised	scared

			
			

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2 I feel... Match the reasons to each feeling.

I hang out with my friend	I played football
I saw a spider	I'm hungry
I won a game	it's my birthday
I got a present	I lost my toy

1. I feel sad because _____.
2. I feel happy because _____.
3. I feel scared because _____.
4. I feel angry because _____.
5. I feel tired because _____.
6. I feel excited because _____.
7. I feel surprised because _____.
8. I feel proud because _____.



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Answer Key

1 Identify the feelings and emotions. Write the correct word to each picture.

			
excited	surprised	scared	angry
			
tired	happy	sad	proud

2 I feel... Match the reasons to each feeling. (Suggested answers; answers may vary.)

1. I feel sad because **I'm hungry.**
2. I feel happy because **I hang out with my friends.**
3. I feel scared because **I saw a spider.**
4. I feel angry because **I lost my toy.**
5. I feel tired because **I played football.**
6. I feel excited because **it's my birthday.**
7. I feel surprised because **I got a present.**
8. I feel proud because **I won a game.**