

Past Continuous vs. Simple Past

1 Complete using the correct tense

1. I _____ (walk) home when it _____ (start) raining.
2. She _____ (cook) dinner while her brother _____ (watch) TV.
3. They _____ (play) soccer when the teacher _____ (arrive).
4. We _____ (sleep) when the phone _____ (ring).
5. He _____ (study) all evening.

2 Choose the correct answer

1. While I was driving, I saw/was seeing a deer.
2. She was reading when the lights went/were going out.
3. They played/were playing tennis at 3 p.m.
4. We were eating when someone knocked/was knocking.
5. The baby slept/was sleeping while Mom cooked.

3

Writing Practice

| Write about a funny memory using both tenses.

4

Finish the Story

| Complete the story using the correct tense.

Yesterday I was walking home when...

*Continue the story with 4-5 sentences using both the Past Continuous and Simple Past.



1 Activity 1

1. was walking, started
2. was cooking, was watching
3. were playing, arrived
4. were sleeping, rang
5. was studying

2 Activity 2

1. saw
2. went
3. were playing
4. knocked
5. was sleeping

